

Extended Time Of Prayer

We recommend taking 2-4 hours to spend with God praying and listening

Look Up: Spend some time just focusing on God and who he is. Don't move onto anything else until you are overwhelmed with who God is and all He has done and can do for you.

To help you *Look Up*, you can:

1. Read praise passages: Psalms, Romans 8, Colossians 1-2, Revelation 4-5
2. Sing/Read hymns/Meditate on the Names or Attributes of God (included)

Look In: Take some time to sit quietly before God and ask Him to reveal sin your life.

To help you *Look In*, you can:

1. Psalms 139:23-24 is a good passage to start with. Psalm 51 and I John 1:9 are good reminders as well.
2. Pray through the *Heart Searching Questions* section attached here.

Look Back: Pray back over the last month and ask God to show to you and confirm to you lessons He has been trying to teach you.

Sometimes it is helpful to:

1. Think back over the major events of the month
2. Think back over the people you have interacted with deeply over the month
3. Look over quiet time notes, sermon, or retreat notes from the month.

Look Around: Ask God to tell you where He is at work in and around your life. This is a good time to pray over (interceding and listening to God) the key areas, roles, relationships, and responsibilities of your life. Pray for wisdom to discern God's plan and work and your part in it.

Look Ahead: This can be a time of both vision and commitment. You can pray over all God could do in the next period of time (month, year, etc.) and you can take time to recommit yourself to God and His will in your life.

To help you *Look Ahead*, you can:

1. Pray through the sheet "What to pray for Christians" for all believers you know.
2. Pray through the sheet, "What to pray for NonChristians" for nonbelieving people you know.
3. Take an Operation World and a World Map to pray for nations.

Helpful Tips:

- Set aside a specific portion of the day in advance and plan around it to protect it.
- Take snack, drink, and go to a place you will be alone and away from interruptions.
- Take along a Bible, notebook/journal, pen, iPod, book, etc. for stimulation.
- Variety is important. Read scripture, pray, walk around, write things out, etc.

Praising the Attributes of God

What Are Some Attributes of God?

- SELF-EXISTENCE God has no origin. He has always existed and always will.
"For by Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by Him and for Him. He is before all things, and in Him all things hold together." - Col 1:15-17
- SELF-SUFFICIENCY Everything that God is, and all that God is, He is in Himself. All life is in and from God.
"For as the Father has life in himself, so He granted the Son to have life in himself."- John 5:26
- ETERNITY God is absolute everlastingness or endlessness.
"He has made everything beautiful in His time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end." - Ecclesiastes 3:11
- INFINITUDE God is limitless.
"Lord, you have been our dwelling place throughout all generations. Before the mountains were born or you brought forth the earth and the world, from everlasting to everlasting, you are God." - Psalm 90:1-2
- IMMUTABILITY God never grows, develops, or changes. He never differs from Himself.
"I the Lord do not change. So you, O descendants of Jacob, are not destroyed." - Malachi 3:6
- GOODNESS The goodness of God is that which disposes Him to be kind, cordial, benevolent, and full of good will toward men. He is tenderhearted and of quick sympathy. By His nature He is inclined to bestow blessedness and He takes pleasure in the happiness of His people.
"You are good, and what you do is good." - Psalm 119:68
- MERCY God's mercy is an infinite and exhaustible energy within the divined nature which disposes God to be actively compassionate. We who earned banishment shall enjoy communion, we who deserve the pains of hell shall know the bliss of heaven, and all through the tender mercy of our God.
"All of us also lived among them at one time, gratifying and following the cravings of our sinful nature and following its desired and thoughts. Like the rest, we were by nature objects of wrath. But because of his great love for us, God, who is rich in mercy, made us alive with Christ." - Psalm 90:1
- GRACE Grace is God's goodness directed toward human debt and demerit. It is by His grace that He imputes merit where none previously existed and declares no debt to be where one has been before.
"He predestined us to be adopted as his sons through Jesus Christ, in accordance with his pleasure and will - to the praise of his glorious grace, which he has freely given us in the One he loves. In him we have redemption through the blood, the forgiveness of sin, in accordance with the riches of God's grace that he lavishes on us with all wisdom and understanding." - Ephesians 1:5-8

HEART SEARCHING FOR PRAYER PREPARATION AND PERSONAL REVIVAL

“Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” -Psalm 139:23-24

Confession of sin is necessary for fellowship with God and revival among God’s people. Prayerfully consider the following questions. Go through these questions one by one. Answer truthfully each questions. Every “yes” means a sin in your life.

In reading these questions, as you are convicted of sin, confess it at once to God. Be willing to make it right, then you can claim forgiveness. 1 John 1:9 says, “If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness.”

Be sure to name your sin to God. For example, “Lord, I have not put You first in my plans,” or “I have neglected Your Word and prayer.” Do not make even the least excuse for sin of any kind in your life. “He who covers his sin shall not prosper; but whoever confesses and forsakes them shall have mercy.” Proverbs 28:13

No matter what others do, or do not do, Christian, leave nothing undone on your part. God wants to work through you to bring about a great spiritual awakening. He can begin by your fulfilling every requirement shown by the Lord through the Holy Spirit and the Word. A revival from the presence of the Lord begins today . . . if you desire it! Read the Scriptures first. Ask the questions. Give a truthful answer yes or no.

SPIRITUAL CHECKLIST

1. *Matthew 6:12,14-15 - “And forgive us our debts, as we also have forgiven our debtors. For if you forgive men for their transgressions, your Heavenly Father will also forgive you. But if you do not forgive men, then your Heavenly Father will not forgive your transgressions.”*

Is there anyone against whom you hold a grudge? Anyone you haven’t forgiven? Anyone you hate? Anyone you do not love? Are there any misunderstandings that you are unwilling to forget? Is there any person against whom you are harboring bitterness, resentment, or jealousy? Anyone you dislike to hear praised or well spoken of? Do you allow anything to justify a wrong attitude toward another?

2. *John 13:35 - “By all this men will know that you are my disciples, if you have love for one another.”*

Are you secretly pleased over the misfortune of another? Are you secretly annoyed over the accomplishments or advancements of another? Are you guilty of any contention or strife? Do you quarrel, argue, or engage in any heated discussions? Are you partaker in any divisions or parting spirit? Are there people whom you deliberately slight?

3. *Acts 20:35 - “It is more blessed to give than to receive.”*

Have you robbed God by withholding His due time, talents, or money? Have you given less than a tenth of your income for God’s work?

4. *1 Corinthians 6:19-20 - “Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have received from God, and that you are not your own? For you have been bought with a price; therefore, honor God with your body.”*

Do you have habits which are defiling your body? Are you guilty of intemperance in eating or drinking?

5. *1 Corinthians 10:31 - “Whether, then, you eat or drink or whatever you do, do it all to the glory of God.”*

Do you take the slightest credit for anything good about you rather than give all the glory to God? Do you talk of what you have done rather than what Christ has done? Are your

statements mostly about “I”? Are your feelings easily hurt? Have you made a pretense of being something that you are not?

6. *Ephesians 5:16 - “Making the most of your time, because the days are evil.”*

Do you listen to unedifying radio or television programs? Do you read unworthy magazines? Are you doing things that show you are not satisfied with the Lord Jesus Christ? Does the way you spend time reflect your commitment to God first, others second, and self last? Are you lazy?

7. *Ephesians 4:31 - “Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.”*

Do you complain? Do you find fault? Do you have a critical attitude toward any person or thing? Are you irritable or cranky? Do you ever carry hidden anger? Do you get angry? Do you become impatient with others? Are you ever harsh or unkind?

8. *Ephesians 5:20 - “Always giving thanks for all things in the name of our Lord Jesus Christ, even the Father.”*

Have you neglected to thank Him for all things, the seemingly bad as well as the good? How much of your prayer time is spent in praise and worship and how much is spent in supplication? Is your spiritual temperature bases on your feelings instead of on the facts of God’s word?

9. *Philippians 2:14 - “Do all things without grumbling and disputing.”*

Do you ever by word or deed seek to hurt someone? Do you gossip? Are you aggressive to diffuse gossip? Do you speak unkindly concerning people who are not present? Do you challenge Christians who do? Do you carry prejudice against true Christians because they are of some different group than yours, or because they do not see everything exactly like you? Do you compare yourself or your leader to those around you?

10. *Colossians 3:9 - “Do not lie to one another, since you laid aside the old self with its evil practices.”*

Do you engage in empty and unprofitable conversation? Do you ever lie? Do you ever exaggerate? Cheat? Steal? Carefully consider, do you overcharge? Are you completely open and honest with your accountability partners?

11. *Hebrews 13:17 - “Obey your leaders and submit to their authority. They keep watch over you as men who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you.”*

Do you hesitate to submit to leaders in the church and elsewhere? Do you rebel at requests given to you to help in the work of the Gospel? Do you in any way have a stubborn or unteachable spirit? Do you hesitate to submit to the leadership that God has place in your life? Do you frequently question your leader with a “challenging spirit?”

12. *James 4:6 - “But He gives us a greater grace. Therefore it says, God is opposed to the proud, but gives grace to the humble.”*

Do you feel like you have done quite well as a Christian? That you are not so bad? That you are not good enough? Are you stubborn? Do you insist on having your own way? Do you insist on your own rights?

13. *James 3:11 - “Does a fountain send out from the same opening both fresh and bitter water.”*

Have you dishonored Him and hindered His work by criticizing His servants? Have you failed to pray regularly for your spiritual leaders? Do you find it hard to be corrected? Is there rebellion toward on who wants to restore you? Are you more concerned about what people will think than what will be pleasing to God?

WHAT TO PRAY FOR CHRISTIANS

1. Pray for a sincere love for Christ.
 - a. Ephesians 3:14-19 “
 - b. Philippians 1:9-11 “
 - c. Protection and deliverance from the “evil one”.
 - i. John 17:15
 - ii. James 4:7 “Submit therefore to God. Resist the devil and he will flee from you.”
 - d. That they become obedient to Christ.
 - i. Romans 12:1
 - ii. John 14:21
 - e. That God’s Word would transform their life
 - i. II Timothy 3:16-17
 - ii. Joshua 1:8
2. Pray that they become Christ’s disciple.
 - a. That they become a person of prayer - John 15:7, Philippians 4:6-7
 - b. That they put Christ first in every decision - Luke 9:23, Matthew 6:33
 - c. That they’re in the world but not of the world - Romans 12:2, I John 2:15-16
 - d. That they are steadfast and confident laborers - I Corinthians 15:58, Hebrews 12:3
 - e. That they develop the heart of a servant - Mark 10:45, II Corinthians 4:5
 - f. That they would develop world vision - Acts 1:8, Matthew 28:19-20
3. Pray that they would grow in Christ’s likeness.
 - a. Love - John 13:34-35, I John 3:18
 - b. Humility - Philippians 2:3-4, I Peter 5:5-6
 - c. Purity - Ephesians 5:3, I Peter 2:11
 - d. Honesty - Leviticus 19:11, Acts 24:16
 - e. Faith - Hebrews 11:6, Romans 4:20-21

- f. Good works - Galatians 6;9-10, Matthew 5:16

What to Pray for Non-Christians

1. That God draws them to Himself
John 6:44: "No one can come to me unless the Father who sent me draws him..."
2. That they seek to know God
Acts 17:27: "God did this so that men would seek him and perhaps reach out for him and find him, though he is not far from each one of us."
3. That they believe the Scriptures
1 Thessalonians 2:13: "And we also thank God continually because, when you received the word of God, which you heard from us, you accepted it not as the word of men, but as it actually is, the word of God..."
4. That Satan is bound from blinding them to the truth
Matthew 13:19: "When anyone hears the message about the kingdom and does not understand it, the evil one comes and snatches away what was sown in his heart..."
2 Corinthians 4:4: "The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God."
5. That the Holy Spirit works in them
John 16:9-13: "When (the Holy Spirit) comes, he will convict the world of guilt in regard to sin and righteousness and judgment...He will guide you into all truth..."
6. That God sends someone to lead them to Christ
Matthew 9:37-38: "Then he said to his disciples, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."
7. That they believe in Christ as Savior
John 1:12: "Yet to all who received him, to those who believed in his name, he gave the right to become children of God."
John 5:24: "I tell you the truth, whoever hears my word and believes him who sent me has eternal life and will not be condemned: he has crossed over from death to life."
8. That they turn from sin
Acts 3:19: "Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord."

9. That they confess Christ as Lord
Romans 10:9-10: "...if you confess with your mouth. 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved."
10. That they yield all to follow Christ
2 Corinthians 5:15: "And he died for all, that those who live should no longer live for themselves but for him who died for them and was raised again."
Philippians 3:7-8: "But whatever was to my profit I now consider loss for the sake of Christ. What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ..."
11. That they take root and grow in Christ
Colossians 2:6-7: "So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."